



**HOPESSS**

**ORPHANAGE PROJECT**





## HOPESSS always >>> moving towards life with dignity

### ***Fate of the poor children***

*In India millions of children come from Poverty-stricken families. The childhood of the poor is miserable. The children are forced to do labour works to earn livelihood for the family.*

Holy Trinity Orphanage Poor Peoples Educational Social Service Society (HOPESSS) is a non-profit organization working for underprivileged children - orphan, destitute and other vulnerable groups and their communities towards a wholesome future filled with hope, dignity, justice and peace. Reach out to the poorest of the poor in India without respect to caste, creed and colour.

## THE FOUNDATION

HOPESSS is a registered Society (NGO) based in Srikakulam, registered under the A.P. Societies Registrations Act No.35 of 2001, Registered 12(A) & 80G of the Income Tax Act, 1961 and Registered under the Foreign Contribution (Regulation) (FCRA) Act, 1976.

### **ORGANIZATION LEGAL STATUS**

#### **Registered under:**

- **Indian Trusts Act, 2001**
- **Income-tax Act, 1961**
- **FCRA, 1976**
- **CSR**

Our Mission is "We are dedicated to care children, promote independence and build strong families through activities with the resources available. "By providing them with long-term care. This includes basic needs, education and healthcare, and skills necessary to transform them into responsible citizens.

The foundation is running orphanages in Srikakulam, Manyam Parvathipuram. We have established Orphanage during the year 2017 with a humble beginning of supporting 6 children that grew to 85 children now (Boys and Girls).

We provide food, shelter, education, Health care and clothing to the children in the orphanages. We have accommodated these children in the rented buildings which have a hall, bed rooms and kitchen.



## BASIC NEEDS

Attending to the children's most basic needs constitutes a vital component of 'HOPESSS' always work.



### FOOD

„HOPESSS“ always lays great emphasis on providing a very healthy diet to the children. Healthful food builds children who think more clearly, are less prone to illness and are stronger and lead longer and healthier lives.



The table shows the diet regime we follow for our children. The diet plan has been suggested by a nutrition expert.

DAY	BREAKFAST	LUNCH	SNACKS	DINNER
SUNDAY	Poori (or) Bondalu (or) Doosa(or)Idli	Rice+ Dal/ Vegetable Curry	Fruits (or) Biscuits (or) Pulses	Rice+Chicken (or) Meat+Dal (or) Noodles/Fried Rice
MONDAY	Lemon Rice (or) Upma	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Veg Curry(or)Dal+ Sambar/Rasam
TUESDAY	Kichidi (or) Porridge	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Green Leafy Veg(or) Dal +Rasam
WEDNESDAY	Upma (or) Bread + Milk with Boost	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Mixed Vegetable(or) Dal +Rasam
THURSDAY	Lemon Rice (or) Idli	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+VegCurry(or)Dal+Rasam +Boiled Egg
FRIDAY	Kichidi (or)Porridge	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Green Leafy Veg(or)Dal + Rasam
SATURDAY	Upma (or) Vada	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Veg Curry(or)Dal +Rasam

#### Notes

Inputs of Vitamins through carrots and Dexorange syrup

Porridge is made from a mixture of Raagi powder, wheat flour, crushed ground nuts

While eating food, we ensure the following .....

Children wash their hands with Hand wash, plates and glasses before and after eating

Children take food with fingers; food doesn't touch the palm



## EDUCATION

At Orphanages, we provide access to quality education. Education is not limited to schooling, passing examinations and jumping to higher grades. We impart discipline, soft skills, lessons from life experiences, and spiritual education.

All our children from 1<sup>st</sup> Class to Degree Courses attend Private Schools and Colleges. The schools start from 8:30 am to 4.30 pm.

In the morning, elder children"s wake up around 5.30 am and quickly revise their lessons before getting ready for school. After returning from school, children spend around 1-2 hours on their homework assignments and studying their subjects.

For children in all grades, we have hired trained tutors who take classes between 5:30 pm and 7:30 pm. in orphanage premises.

We will provide every possible opportunity, preferably professional education, to all our children. Our entire efforts in providing quality education and emphasis on personality development are directed towards creating responsible citizen for India.



Study Hour.....



## CLOTHING

The utility of clothing goes far beyond its importance as protection from extreme weather conditions. Decent clothing enhances a person's esteem and confidence. This is all the more important in the case of children we are supporting.

***We provide the following to each of the children every year:***

### For annual

- 2 pairs of school uniforms
- 2 pairs of casual dresses
- 1 pair of slippers & 1 pair of Shoe
- 2 towels and handkerchiefs
- 1 bed sheet with pillow cover

### In Winters

- A sweater and a woolen cap
- A woolen blanket

### For Schooling

- School Bag
- Books
- Stationary
- Belt and tie (Private School)
- School fee



Children with new dress happily



## SHELTER

The Rented Children Home consists of Bed rooms include toilets and Big Open Hall and Kitchen. Children keep their clothes, books and other stuff in cupboards. Each room has bunk beds (Two steps Iron Cots, Beds, Pillows and Bed sheet and Protector), iron racks for keeping blankets and shelves for books, school bags and necessary things like soaps, tooth brushes and washing powder, hair oil and talcum powders. The premises have bathrooms and usage water is stored in two big Polymers tanks on the building slab and water has supply with pipeline to all bath rooms and kitchen. In the evenings, the open hall is used for tuition classes. The open air hall in the building is used as dining hall. Drinking water facility is there in the premises. The drinking water comes from day by day (alternate day) and for general purpose we use bore water.



## HEALTH CARE

For ordinary ailments and emergency, we send the children to general physicians in the neighborhood and the consultation is nominal. Prescription medicines are bought from a nearby medical shop. We keep a first-aid kit and stock of medicines like Paracetamol, Crocin, Saradon, Zandubalm, Painkillers etc for general ailments. Children use cold creams and petroleum jelly in winters. In summers, we stock ORS sachets, Glucon-D etc in case any child suffers from dehydration. We use mosquito repellants like All-Out and Mortein to fight the mosquitoes-menace. From time to time, we have medical camps – general, dental and eye check-up organized by local hospitals, friends and volunteers. For children who have additional nutritional requirements, we provide carrots, greater amounts of milk, eggs and leafy vegetables as well as calcium tablets and Dexorange syrup.



## RECREATION

Children should be children! And what can be more exciting and enjoyable for children than watching a movie or visiting an amusement park or just spending their free time in a manner they choose.

Every day, an hour and a half is devoted to recreation, yoga when children can do anything they like except studying. But the real fun starts every Saturday evening and continues throughout the next day. Dancing, Singing and Painting are a passion at our children home. We regularly conduct painting sessions and competitions. Our children learn singing, dancing regularly and perform their talents.

We provide all the necessary sports equipment - Carom and chess boards, cricket bats and balls, skipping ropes etc. Major festivals are celebrated with dedication and enthusiasm. Pongal, Ugadi, Vinayakachavathi, Independence Day, Holi, Dussarah, Diwali, Christmas, Easter and New Year Celebrations are very popular among our friends. Next time, please be a part.



## Support



Your support will go a long way in creating better lives for needy children and their families. As an individual or an organization, you can help in the following ways. Your donation will further our vision of ensuring a happy and healthy childhood for India's children. Donate to make a change.

Your contributions to HOPESSS are eligible for tax exemption under section 80G of Income Tax Act.:

Donations to HOPESSS are eligible for tax deduction under section 80G Indian Income Tax Act. By donating to HOPESSS, not only you will help in feeding and supporting children, and improve their communities but also help your selves with Tax deduction benefit.

Once you have made the donation, and send us an email about the transaction to [holytrinitysociety@gmail.com](mailto:holytrinitysociety@gmail.com). We will send a receipt the same and Tax Exemption Certificate along with „Thank you“ letter to you via E-mail /Courier /Post. The 80G Certificate, Receipt and Thank you letter which will reach you within 10 days of making the donation can be used to avail Tax Exemption for the respective Financial Year.

# 80-G Tax Exempted

Your donations are eligible for availing  
50% tax exemption u/s 80G(5)(vi)  
of the Indian Income Tax Act, 1961.

## DONATION

You may donate to „HOPESSS “ through a check/cash deposit or an online transfer.

### BANK DETAILS (ONLY FOR NRI/FOREIGN DONORS - FCRA ACCOUNT)

Account Name: Holy Trinity Orphanage Poor Peoples Educational Social Service Society.

Account Number: 40147342586

IFSC Code: SBIN0000691 SWIFT Code: SBININBB104

Bank Name & Branch: State Bank of India, FCRA Cell, 4th Floor, New Delhi Main Branch, 11, Sansad Marg, New Delhi -110 001

### BANK DETAILS (WITHIN INDIA)

#### STATE BANK OF INDIA (SBI)

Account Name: HOPESSS

Account Number: 62479343522

IFSC Code: SBIN0021241

Bank Name & Branch: State Bank of India, Palakonda Branch (21241), Manyam Parvarhipuram.

#### BHIM / UPI



If you want to send a Cheque/DD, the address is HOPESSS, Jogipadu, Kothuru Mandal, Srikakulam-532459, Andhra Pradesh, India.

E-mail: [holytrinitysociety@gmail.com](mailto:holytrinitysociety@gmail.com)



## YOU CAN SUPPORT A CHILD

Please support a child to help us provide continuous support to our children during their stay in HOPESSS. We intend to provide all those opportunities to children that a child from a middle class family enjoys.

### WHAT YOUR SUPPORT DOES | BREAK UP

#### Provide Food - Tasty, Varied and Nutritious

We provide food with quality. Our diet has been devised by a nutritionist. We never compromise with the quality and quantum of food cooked and served - breakfast and two meals a day along with sprouts, fruits/eggs and milk. Our children also have stuff like samosa"s, pastries, fruits, juice, drinks etc., from time to time.

#### Provide Education - Schooling and Beyond

Before coming to Orphanages, most of children never attended school properly. Now, with your help, our children attend a school and after-hours tuition classes. We also have a fledgling library which will take a definitive shape very soon.

#### Provide 24 x 7 accesses to healthcare

We take the children to the nearby physicians as and when required. We have periodic checkups from private hospitals and doctors in their individual capacity.

#### Provide other necessities

We provide all other facilities and resources required by the children. Finally, provide a Happy and Happening Place; where children feel it's their Home, not their 'Hostel'.

### BREAK UP

Under the Sponsor a Child program, we seek your contribution of Rs.66,000 per annum. This amount covers direct living expenses of One Child. The table provides the break-up of expenditure on each item.

Item	Cost Rs. (Monthly)	Cost Rs. (Yearly)
Food	2,000	24,000
School Fee + Transport	1,583	19,000
Books + Stationery	333	4,000
Clothing	83	1,000
Shelter	833	10,000
Health Care	417	5000
Recreation	167	2000
Miscellaneous	83	1000
Total Annual Cost(per child)	5,500	66,000



## SUPPORT IN KIND

„Orphanage“ needs your support in providing quality food to all our children. In view of the spiraling prices of commodity prices, particularly Rice and Dal, we request you to generously donate Rice bags, Dal, Oil etc. This will help us enhance our food security and help us deal with inflationary conditions. If you wish make a contribution towards food, please write to [holytrinitysociety@gmail.com](mailto:holytrinitysociety@gmail.com)

You may donate towards the requirements in either cash or kind.

Monthly Requirement for 85 Children			
S.No.	Item	Requirement	Remarks
1.	Rice	744 kg	( 12kg X 2 times per day = 24kgs X 31 Days (per month)
2.	Toor Dal (Kandi Pappu)	120 kg	Approx. 4kg per day
3.	Edible Oil (Refined Sunflower oil)	30 Ltr	3 packet per 3 days
4.	Bombay Rawa	40 kg	For Breakfast
5.	Moong Dal	7 kg	For Breakfast (Kichidi)
6.	Atta	50 kg	(For Poori only Sunday)
7.	Turmeric	1.5 kg	General use for curries & lemon rice
8.	Tamarind	10 kg	(For Rasam and general use)
9.	Mirchi Powder	5 kg	General use for curries
10.	Ground nuts (Pallilu)	20 kg	(For Chutney and Lemon rice)
11.	Putnalalu	6 kg	(For Chutney)
12.	Salt	10 kg	General use
13.	Black pepper	500 gms	(For Kichidi and Rasam)
14.	Ginger n Garlic paste	5 kg	General use for curries
15.	Coconut / powder	5 kg	General use
16.	Sugar	10 kg	Sweet
17.	Sambar Powder	2 kg	For Sambar
18.	Popuginjalu	2 kg	For Talimpu
<b>TOILETRIES</b>			
19.	Bathing Soaps (Big)	344 units	
20.	Detergent <b>washing</b> Soaps(Big)	344 units	
21.	Detergent Powder(Big)	10 packets	
22.	Shampoo	344 sachets	
23.	Hair Oil / <b>Coconut Oil</b> (Big Bottles)	5 units	
24.	Talcum Powder (Big)	4 units	
25.	Tooth paste-tubes (Big)	20 units	
26.	Dettol	5 Units	



## SUPPORT EDUCATION

Maybe, the most valuable contribution you could make to a child's life is the gift of education. Education is not only a fundamental right, but is a powerful catalyst for human development. With education, children have better life options, earning potential and health, and raise healthier children.

We request you to generously help us provide the best in education - formal education as well as overall development of a child's personality.

Item	Yearly cost per child (Average)
School fee+ Transport	19,000
Notebooks + Textbooks + Stationery+Clothing	5,,000

## MAINTENANCE

In addition to child support, we would like you to contribute towards maintenance expenses - utilities, rent, salaries etc, others.You may donate towards the requirements in either cash or kind.

Item	Monthly Rs.
Orphanages Rent (2 campuses)	63,000
Staff Salaries	1,29,000
Electricity	15,000
Gas	14,000
Hygiene	13,000

## DONATE IN KIND

To help us maintain the standard of our services, we request you to consider helping us with the requirements

Monthly Provisions	Quantity	Academic needs	Quantity
Bathing Soaps (Big)	344 units	School Bags	86
Detergent Soaps(Big)	344 units	Note Books	3,000
Detergent Powder(Big)	10 packets	Pencils, Pens	860
Shampoo	344 sachets	Sharpener, Eraser	860
Hair Oil (Big Bottles)	5 units	Maps	50 each
Talcum Powder (Big)	4 units	Geometry boxes	55
Tooth paste-tubes (Big)	20 units	Easels / drawing boards	10
Dettol (Big)	5 units	White board with stand	10

## PARTICIPATE

Your ability to extend your helping hand to our mission is limited only by your imagination.

Our friends/donors/well-wishers has found their own ways of supporting our mission. Some do it in their individual capacity, some like to do in groups of like-minded people and some engage their colleagues and companies to support HOPESSS.

## INDIVIDUALS / SUPPORT GROUPS

HOPESSS receives most of its support from individual donors who have taken it upon themselves to find creative ways to contribute to our mission to serve underprivileged children. Besides individuals, there have been several groups of friends who have chosen to support „ HOPESSS“ always efforts.

## CELEBRATE

Share your joyous moments with our children in „HOPESSS “ and double your happiness. Many of our friends and well-wishers celebrate important days of their lives at Orphanage.

Birthday celebrations are very common at our Orphanage. Our children get very excited, especially, if it is a toddler's birthday. Many of our friends have said that the birthdays celebrated here in „Orphanage“ are the most memorable ones. If you celebrate your birthday, be prepared to be surprised.

Similarly, many of our friends have been celebrating their wedding anniversaries at Orphanage. They make the day more meaningful by distributing fruits, chocolates, new clothes, notebooks and stationery to our children.

Some of the other events that people celebrate here are arrival of a child into a family, getting a job/promotion among others. Visit our Orphanages and share your joy.



## Care & Support for Orphan Children

FOOD		Monthly (INR)	Quarterly (INR)	Half-yearly (INR)	Annually (INR)
			1 Child	2,000	6,000
	2 Children	4,000	12,000	24,000	48,000
	5 Children	10,000	30,000	60,000	1,20,000
	10 Children	20,000	60,000	1,20,000	2,40,000
	25 Children	50,000	1,50,000	3,00,000	6,00,000
	50 Children	1,00,000	3,00,000	6,00,000	12,00,000
	85 Children	1,70,000	5,10,000	10,20,000	20,40,000

EDUCATION		Monthly (INR)	Quarterly (INR)	Half-yearly (INR)	Annually (INR)
			1 Child	2,000	6,000
	2 Children	4,000	12,000	24,000	48,000
	5 Children	10,000	30,000	60,000	1,20,000
	10 Children	20,000	60,000	1,20,000	2,40,000
	25 Children	50,000	1,50,000	3,00,000	6,00,000
	50 Children	1,00,000	3,00,000	6,00,000	12,00,000
	85 Children	1,70,000	5,10,000	10,20,000	20,40,000

SHELTER & HEALTH		Monthly (INR)	Quarterly (INR)	Half-yearly (INR)	Annually (INR)
			1 Child	1,500	4,500
	2 Children	3,000	9,000	18,000	36,000
	5 Children	7,500	22,500	45,000	90,000
	10 Children	15,000	45,000	90,000	1,80,000
	25 Children	37,500	1,12,500	2,25,000	4,50,000
	50 Children	75,000	2,25,000	4,50,000	9,00,000
	85 Children	1,27,500	3,82,500	7,65,000	15,30,000

TOTAL CARE		Monthly (INR)	Quarterly (INR)	Half-yearly (INR)	Annually (INR)
			1 Child	5,500	16,500
	2 Children	11,000	33,000	66,000	1,32,000
	5 Children	27,500	82,500	1,65,000	3,30,000
	10 Children	55,000	1,65,000	3,30,000	6,60,000
	25 Children	1,37,500	4,12,500	8,25,000	16,50,000
	50 Children	2,75,000	8,25,000	16,50,000	33,00,000
	85 Children	4,67,500	14,02,500	28,05,000	56,10,000

### FOOD FOR "THOUGHT" – Sponsor a Meal for Our Children!

You can sponsor a **One-Time Special Meal** for all the children

**VEG**  
Rs. 7,000

1. White Rice
2. Dhal / Sambar
3. Vegetable Curry/Fry
4. Curd
5. Papad
6. Sweet / Fruit

**Non-VEG**  
Rs. 8,000

1. Bagara Rice / Fried Rice / White Rice
2. Chicken Curry
3. Dhal / Sambar
4. Curd
5. Papad
6. Sweet / Fruit

If you wish to sponsor a meal, please write to us with the preferred dates to [holytrinitysociety@gmail.com](mailto:holytrinitysociety@gmail.com)



THANK YOU FOR YOUR SUPPORT

Love One another as GOD have loved you

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